

A death may affect a child in a variety of ways depending on the age of a child, how well the child knew the deceased and the child's prior experience with grief.

When reacting to an unexpected death, a child may:

- appear not to be affected
- ask a lot of questions
- be agitated and angry
- try extra hard to be good
- be thinking about it privately
- be frightened
- be sad and withdrawn

We suggest you listen to your child. If they seem to need to talk, answer their questions simply, honestly and possibly over and over again.

The following are links to the Christian Family Solutions webpage which includes information on:

Parenting Tips to Help Kids Cope After a Crisis or Tragedy

http://www.christianfamilysolutions.org/sites/default/files/publications/Parenting%20Tips%20to%20Help%20Kids%20Cope%20After%20a%20Crisis%20or%20Tragedy_3.pdf

Coping Strategies Following a Crisis, Tragedy, or Community Violence

http://www.christianfamilysolutions.org/sites/default/files/publications/Coping%20Strategies%20following%20a%20Crisis_0.pdf